



Chapter 2

MY VALUE IN GOD'S EYES

"How precious are your thoughts about me, O God!
They are innumerable! I can't even count them; they outnumber the grains of sand!
And when I wake up in the morning, You are still with me!"

Psalm 139:17-18

Objective: Learning how important and special you are to God



DAY ONE

WISE and PRAY (Pg.5). Memorize this chapter's Bible verse. Read it out loud three times.



What was the main idea in Chapter One, "The YWiSE Vision"?



What do you see when you look at yourself in the mirror? Do you see yourself as a beautiful person with great abilities and potential, or do you see how skinny, how fat or how many zits you have? Do you ever wonder about your worth as a person? Society places value on people based on their accomplishments, popularity, talents, physical beauty, IQ, and how much money they have in the bank. That is not how God operates.

Think of the vast expanse of creation, do you ever wonder how God could be concerned for people who constantly disappoint Him? Yet He created us only a little lower than himself and the angels! (Psalm 8:3-5) Every time He sees you, He thinks wonderful things of you. He doesn't see your zits, extra pounds, skinny legs, nor your shyness and clumsiness (1 Samuel 16:7). He sees His little girl, His princess that He loves so much!

1. Read 1 Samuel 16:7 and Isaiah 55:9. Why doesn't God see things the way society and the world sees them?

2. As you go about your day, meditate on what Isaiah 55:9 says. Before you go to bed, read the scripture again, think about it, and ask God to speak to you.

DAY  TWO

WISE and PRAY (Pg.5). Memorize this chapter's Bible verse. Read it out loud three times.



Do you ever question your worth as a person? God considers you highly valuable. You have great worth because you were made in God's image, and you bear the stamp of the Creator. From time to time, many people feel they are not valuable, and usually those feelings are based on how other people treat them. Let's keep in mind what you learned on Day One; God's ways and thoughts are higher than ours. Because God has already declared how valuable you are to Him, you can be set free from feelings of worthlessness.

1. Read the following scriptures and share what they say to you about the value God places on you.

Psalms 139:15-16

Psalms 139:17-18

DAY  THREE

WISE and PRAY (Pg.5). Memorize this chapter's Bible verse. Read it out loud three times.



Many times the sense, or feeling of worthlessness comes due to the way we were raised, or because we receive little, or no attention and acceptance from others. Guilt from past sins can also make us feel unworthy. Many times our parents fail to show us how valuable we are in God's eyes, and as a result, we grow up constantly trying to please others to be accepted, and make them think that we are valuable.

The devil wants you to feel worthless, and he uses those feelings against you. When a young woman feels that she is not very valuable, she settles for very little in life. Many teenagers end up using drugs and alcohol, or joining gangs that use and abuse them, because they were the only ones who paid attention to them. Many young women have married men that abuse them verbally, emotionally, and even physically, because of their sense of worthlessness. These women thought they couldn't find anyone better.

When a young woman knows her value in God's eyes, she won't settle for little in life because she knows that God has great plans for her. Even if people ignore her, or do not include her in their lives, she will know that she is someone very special to God, and that He loves her unconditionally. It does not matter how popular she is, how brilliant a mind she has, or how beautiful she is according to the world's standards. Yes, at times she will feel sad for not being accepted or noticed, but she won't end up joining a gang, or using drugs and alcohol. She won't allow bad friends to use her and take advantage of her. She will not marry, or live with an abuser. She will take comfort in God's wonderful plans for her life. Oh, it is so important that you grasp and hold on to the knowledge of how much God loves you, and how valuable you are to Him! *"For I know the plans I have for you," declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future.*" Jeremiah 29:11

1. Share some of the things that came to your mind as you read today's lesson.
2. What makes a girl feel worthless or unworthy?
3. What are the things that make us feel valuable as a person?
4. Read Jeremiah 29:11. How does it apply to what you have been learning?
5. Why do you think it's important that we know how valuable we are to God?

DAY  FOUR

WISE and PRAY (Pg.5). Memorize this chapter's Bible verse. Read it out loud three times.



Do you have a treasure box? You know, a special place where you collect all the things that are valuable to you. For example, tickets to a special play or game, a letter from your Grandma, a picture of you and your friends, maybe some jewelry, or anything that brings good memories to you? What do you think is in God's treasure box? Read the following scriptures to find out.

Malachi 3:16-18

Psalm 139:17-18

Deuteronomy 7:6

During the day, meditate on these scriptures.

DAY  FIVE

WISE and PRAY (Pg.5). Memorize this chapter's Bible verse. Read it out loud three times.



Your value does not depend on the price tag that others put on you. Society makes us believe that we need to have wealth, acquire popularity, beauty, or charm in order to be of value. You do not need all those things for God to accept you. There is nothing you can do for God to love you more, and there is nothing you can do for God to love you less. Understand that you are so valuable to God, and because of that, He was willing to die for you!

Write your name in place of “world” and “whoever” in John 3:16 below.

For God so loved _____ that He gave His only Son, so that _____ believes in Him *and* shall not perish, but have eternal life. Read it out loud three times, I'll wait for you 😊.

Are you getting it? Do you understand the magnitude of God's love for you, and how valuable you are to Him? He gave His only Son for you! Jesus died a painful and terrible death for you, to pay for all your sins. He paid for every single sin you ever committed; past, present, future, large, small, and everything in between. He paid it all because He loves you so much and wants you to live with Him in heaven forever!

Close your eyes and receive His love for you. Thank Him for the sacrifice He made for you. Ask Him to help you understand how great His love is for you. The next time the devil puts negative thoughts into your head about yourself, when he tells you that you are unworthy, or tempts you to feel valueless, remember what you learned in this lesson, and reject those thoughts in the name of Jesus! Meditate on the scriptures you have learned every day. When you constantly keep His love for you in mind, His joy will fill your life!

1. What would you like to remember the most about this lesson?

2. Do you have any comments or questions?

To pray: Dear Lord, Thank you for loving me so much and for giving Your life for me. Help me to receive your love every morning. It is so easy to lose the focus on You and get entangled in the world's views. Help me to recall the scriptures I have learned in this lesson and remember that no matter what, You will always love me, and will always be there for me when I call. Help me to extend Your love to others, especially to those in both my family and Christian family. Give me the strength and compassion to show others how much You love them. In Jesus name. Amen.